



PARENT GUIDE TO THE NOVEL CORONA VIRUS (2019 n-CoV)

Due to increased concern in the community about the spread of the 2019 Novel Corona Virus (2019-nCoV), Miami-Dade County Public Schools has developed this guide so that parents and guardians have the correct information regarding what the virus is, how to protect yourself and your child, and what to do if you suspect a possible case.



The 2019-nCoV is a new respiratory virus originated in **Wuhan, Hubel Province China**. It is being closely monitored by the Centers for Disease Control and Prevention (CDC).

Reported illnesses of 2019-nCoV have ranged from infected individuals with little or no symptoms to individuals who are severely ill and dying. Public health officials are unclear as to how 2019-nCoV spreads from person to person. The symptoms include **mild to severe** respiratory illness.



FEVER

COUGH

DIFFICULTY BREATHING

Having these symptoms alone does not mean that someone has the virus. Symptoms may appear in as few as two days or as long as 14 days after exposure. According to the CDC, the greatest risk of infection is for **individuals who have traveled to Wuhan, China.**

These symptoms mimic **flu-like symptoms** and there are currently no specific treatments for 2019-nCoV. However, preventive measures for the 2019-nCoV are similar to other respiratory viruses such as the flu.

WHAT ARE FLU SYMPTOMS?

Flu symptoms can include a cough, sore throat, fever, runny or stuffy nose, body aches, headaches, chills, feeling tired and may include vomiting and diarrhea.

Some people with the flu may not experience all these symptoms.

WHAT IF MY CHILD HAS THESE SYMPTOMS?

You should contact your healthcare provider immediately. **Don't wait for symptoms to worsen!** Parents and guardians are encouraged to **keep children home** when sick.

WHAT ARE SOME WAYS I CAN PROTECT MY CHILD?



PROPER HANDWASHING WITH SOAP AND WATER



COVER NOSE AND MOUTH WHEN SNEEZING/COUGHING



AVOID TOUCHING EYES, NOSE OR MOUTH



AVOID CONTACT WITH PEOPLE WHO ARE SICK