

Meals are planned and prepared to meet the nutritional needs of children. Students will be offered a choice of a Hot Lunch with a variety of fruits, vegetables and side dishes. This menu is provided so that you can discuss meal choices with your child. Ham and cheese or Caesar salad is available everyday as an alternative. On Thursdays, there will be two option the regular chicken nugget meal or Grilled Chicken as an alternative meal.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Cheese Ravioli with Red Sauce Caesar Salad Garlic Bread	3 Chicken Sandwich Mozzarella Sticks Vegetables	4 Picadillo White Rice Black Beans Plantains	5 Chicken Nuggets French Fries Cookies	6 Pizza Chips Juice and Fruit
9 Spaghetti with Meat Sauce Caesar Salad Garlic Bread	10 Orange Chicken Lo Mein Egg Rolls	11 Hamburgers Hot Dogs Potato Sticks Vegetables	12 Chicken Nuggets French Fries Brownies	13 Pizza Chips Juice and Fruit
16 Oven Roasted Chicken Yuca Frita Vegetables	17 School Closed	18 School Closed	19 School Closed	20 School Closed
23 No Classes Professional Development Day	24 Chicken Tenders Macaroni and Cheese Vegetables	25 Beef Hard Shell Tacos Yellow Rice Nachos & Cheese Sour Cream	26 Chicken Nuggets French Fries Ice Cream	27 Pizza Chips Juice and fruit
30 Chicken Alfredo Caesar Salad Garlic Bread	31 Fried Chicken Mashed Potatoes Cole Slaw			

Our Lady of Lourdes reserves the right to change the menu selections at any time based on availability of fresh and seasonal items.